

# Hands Up for Children: 5 Thriving Childhood Principles Campaign document

## References – Facts & Figures

[All websites were accessed on March 30<sup>th</sup> 2015]

It costs €314,000 to keep children in detention school: <http://www.iprt.ie/prison-facts-2>

Obesity costs more than €1.3 million a year <http://www.safefood.eu/News/2012/New-study-reveals-the-annual-cost-of-overweight-an.aspx>

Poor mental health costs us €3 billion a year: <http://www.mhcirl.ie/file/hcpaper.pdf>; O'Shea, E. and Kennelly, B. (2008) *The Economics of Mental Health Care in Ireland*. Dublin: Mental Health Commission

Nearly 12% of Irish children are living in consistent poverty, with 18% at risk of poverty <http://www.barnardos.ie/media-centre/news/latest-news/child-poverty-rates-a-shameful-national-scandal-barnardos.html>

By age 13, 1 in 3 Irish children will have experienced a mental health difficulty. This rises to one in two by age 24. Half of mental illnesses emerge before the age of 14. <http://www.stpatricks.ie/hse-child-adolescent-mental-health-services-wait-times-unacceptable>

15% to 20% of Irish 9 year olds experience significant emotional or behavioural problems

[http://www.growingup.ie/fileadmin/user\\_upload/documents/1st\\_Report/Barcode\\_Growing\\_Up\\_in\\_Ireland\\_-\\_The\\_Lives\\_of\\_9-Year-Olds\\_Exec\\_Summary.pdf](http://www.growingup.ie/fileadmin/user_upload/documents/1st_Report/Barcode_Growing_Up_in_Ireland_-_The_Lives_of_9-Year-Olds_Exec_Summary.pdf)

1 in 4 Irish children are overweight or obese. By 2030, if things don't change, its predicted that 7.5% of the population will have diabetes. <http://www.diabetes.ie/about-us/diabetes-in-ireland/>

<http://www.irishtimes.com/news/health/study-finds-signs-of-heart-disease-in-overweight-children-1.2056612>

Ireland spends less than 0.2% of its GDP in early years services, well below the OECD average of 0.8%.

(OECD (2014) *OECD Family Database*. The published OECD figure for Ireland (0.5%) includes the infant classes of primary schools (nearly 0.4% GDP). Excluding this, pre-school spending in Ireland is 0.16% GDP).

### Prevention & Early Intervention – Proven benefits for all

All facts were taken from *Prevention and Early Intervention. Promoting positive outcomes for children, families and communities*.

Author: Brian Harvey, April 2014. <http://www.preventioninpractice.ie/resources/the-case-for-prevention-and-early-intervention-april-2014>

### The benefits of prevention and early intervention programmes: Ireland

Sources: Centre for Effective Services: *Improving child behaviour; Child health and development; Children's learning; Parenting; Promoting inclusion*. Dublin, author, 2013 (series); McGilloway, Sinead et al: *The Incredible Years Ireland study*. Dublin, Archways, 2012; University College Dublin Geary Institute: *Preparing for life early childhood intervention: assessing the early impact of Pfl at 6 months/12 months/18 months/24 months*. Dublin, author, 2011, 2012, 2013, 2013 (series); McGilloway et al: *Reducing child conduct disordered behaviour and improving parental mental health in disadvantaged families: a 12-month follow-up and cost analysis of a parenting intervention*. European Journal of Child Adolescent Psychiatry, January 2014; Hayes, Noirin et al: *Evaluation of the Early years programme of the Childhood Development Initiative*. Dublin, Childhood Development Initiative, 2013; Dolan, Pat et al: *Big Brothers Big Sisters of Ireland: evaluation study*. Galway, Child and Family Research Centre, National University of Ireland Galway, 2011; Millar, Michelle: *Making a difference - an independent evaluation of the Incredible years programme in pre-schools in Galway city, ibid*; Fives, Allyn et al: *Evaluation of the effectiveness of Barnardos' Wizards of Words reading programme*. Dublin, Barnardos, 2013.

### The benefits of prevention and early intervention programmes: international

Sources: Karoly, Lynn et al: *Early childhood interventions - proven results, future promise*. Santa Monica, RAND, 2005; Kershaw, Paul et al: *15 by 15 - a comprehensive policy framework for early human capital investment*. University of British Columbia, 2009; Wise, Sarah et al: *The efficacy of early interventions*. Melbourne, Australian Institute of Family Studies, 2005; Allen, Graham: *Early intervention - smart investment, massive savings*. London, Her Majesty's Government, 2011.